



ISLAND
SPIRIT™
WILDCRAFTED ADVENTURE

#	DATE	DAY TO DAY DETAIL	LOCATION	ACCOMMODATION
0	Sunday	We suggest you arrive before 10am so you have time to adjust to the heat and get over your flight.	Nadi based accommodation of your choice	Hotel/youth hostel
1	Monday	<p>Arrive at the lodge in the morning. You will be shown around the lodge grounds and your surf teacher/guide will brief you on the tides and itinerary. You first surf trip is at high tide today.</p> <p>Daily surfing at either the local lodge break or along the coast. Take part in any of the optional activities or use the kayak at your will. The beach is always there to chill on and the numerous palm hammocks a tempting place to rest your mind body and soul.</p>	Beachfront, bohemian style backpackers	Small, rustic, island style comfortable dormitory
2	Tuesday	<p>Spend the day relaxing and surf waves at either the front of the lodge at its own reef, or along the coast. Choose one of the many optional extra activities or take an inclusive jungle and beach walk, reef kayak, coral gardening workshop or reef snorkel.</p>	Beachfront, bohemian style backpackers	Small, rustic, island style comfortable dormitory
3	Wednesday	<p>Spend the day relaxing and surf waves at either the front of the lodge at its own reef, or along the coast. Choose one of the many optional extra activities or take an inclusive jungle and beach walk, reef kayak, coral gardening workshop or reef snorkel.</p>	Beachfront, bohemian style backpackers	Small, rustic, island style comfortable dormitory
4	Thursday	<p>Spend the day relaxing and surf waves at either the front of the lodge at its own reef, or along the coast. Choose one of the many optional extra activities or take an inclusive jungle and beach walk, reef kayak, coral gardening workshop or reef snorkel.</p>	Beachfront, bohemian style backpackers	Small, rustic, island style comfortable dormitory
5	Friday	<p>Spend the day relaxing and surf waves at either the front of the lodge at its own reef, or along the coast. Choose one of the many optional extra activities or take an inclusive jungle and beach walk, reef kayak, coral gardening workshop or reef snorkel.</p>	Beachfront, bohemian style backpackers	Small, rustic, island style comfortable dormitory

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6	Saturday	Spend the day relaxing and surf waves at either the front of the lodge at its own reef, or along the coast. Choose one of the many optional extra activities or take an inclusive jungle and beach walk, reef kayak, coral gardening workshop or reef snorkel.	Beachfront, bohemian style backpackers	Small, rustic, island style comfortable dormatory
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7	Sunday	Spend the day relaxing and surf waves at either the front of the lodge at its own reef, or along the coast. Choose one of the many optional extra activities or take an inclusive jungle and beach walk, reef kayak, coral gardening workshop or reef snorkel.	Beachfront, bohemian style backpackers	Small, rustic, island style comfortable dormatory
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NOTE:

Remember 10% of proceeds go back to 1 of 3 community projects of your choice.