

#	DATE	DAY TO DAY DETAIL	LOCATION	ACCOMMODATION
0	Sunday	Extra day. We recommend you arrive today or at least one day before to acclimatise. At the airport take a take to your resort.	Nadi based resort of your choice	Accommodation of your choice
1	Monday	Your Eco-Kayaking Escape begins at 10am in Wailoloa, Nadi. You will be guided from Nadi to your first island five hours away by bus and boat.	Transfer (\$15 cash required) Staying at a tiny, rustic and characterful island resort	Private, traditional beach bure. Or dorm if single traveller.
2	Tuesday	The wonderful, local island staff will guide you and take care of all your needs. Take a boat to and kayak back from the next door, secluded desert island to have a picnic lunch.	A tiny island resort, Eastern Province, Fiji	Private, traditional beach bure. Or dorm if single traveller.
3	Wednesday	A guided walking trip along beach and jungle on the larger, sister island.	A tiny island resort, Eastern Province, Fiji	Private, traditional beach bure. Or dorm if single traveller.
4	Thursday	Stand up paddle boarding. Snorkelling.	A tiny island resort, Eastern Province, Fiji	Private, traditional beach bure. Or dorm if single traveller.



5	Friday	Coral gardening. Relax. Overnight ferry to Taveuni or flight on Saturday.	A tiny island resort, Eastern Province, Fiji	Private, traditional beach bure. Or dorm if single traveller.
6	Saturday	Take a one hour flight from Suva to Taveuni. Transfer to your lodge via local shops. Afternoon of relaxation.	Locally run lodge, Coral Coast, Viti Levu	Private room in locally run lodge. Or dorm if single traveller.
7	Sunday	Natural waterslide and International dateline. Optional Birdwatching and walk at a local farm.	Traditional island village	Local homestay
8	Monday	3/4 day kayaking and walking in the National Heritage Park.	Traditional island village	Local homestay
9	Tuesday	Today you can dive or snorkel the fabulous soft coral capital of the world, the Rainbow Reef if you want (optional). It can also be a beach day or sanctuary day depending on your mood. A day at the eco sanctuary teaches you how to harvest, farm, cook and relax!	Locally run lodge, Coral Coast, Viti Levu	Private room in locally run lodge. Or dorm if single traveller.
10	Wednesday	Today you fly to Suva and spend the afternoon either visiting The Museum of Fiji or on the beach at your resort.	Locally run lodge, Coral Coast, Viti Levu	Private room in locally run lodge. Or dorm if single traveller.
11	Thursday	Interior river day kayaking or rafting adventure.	Locally run lodge, Coral Coast, Viti Levu	Private room in locally run lodge. Or dorm if single traveller.
12	Friday	Shark snorkelling with mangrove kayaking.	Locally run lodge, Coral Coast, Viti Levu	Private room in locally run lodge. Or dorm if single traveller.



Saturday 13	A day of optional relaxation, snorkelling, surfing diving or jungle walking.	Locally run lodge, Coral Coast, Viti Levu	Private room in locally run lodge. Or dorm if single traveller.
14 Sunday	A day of optional relaxation, snorkelling, surfing diving or jungle walking.	Locally run lodge, Coral Coast, Viti Levu	Private room in locally run lodge. Or dorm if single traveller.

Note: Please note that you are welcome to change three activities of the same value free of charge.