

One week Fairtrade Surfing | Sri Lanka

| # | DATE      | DAY TO DAY DETAIL   | LOCATION                        | ACCOMMODATION  |
|---|-----------|---|---------------------------------|--|
| 1 | Monday    | Remember to organise your ETA visa online which is cheaper. If forgotten, you can also easily do it at the airport on arrival.<br>On arrival, your taxi driver will hold a sign for you and you'll be driven 3 hours south to Weligama. Prepare yourself for the crazy roads!<br>After dinner you can relax and have a good, long sleep ready for tomorrow. | Weligama and Mirissa, Sri Lanka | Private, ensuite, double room in a local, beach-side homestay. |
| 2 | Tuesday   | One hour of surfing in the morning with your dedicated local teacher.<br>Optional half day cooking course.<br>Optional and included surfboard hire at sunset for your own practice.   | Weligama and Mirissa, Sri Lanka | Private, ensuite, double room in a local, beach-side homestay. |
| 3 | Wednesday | One hour of surfing in the morning with your dedicated local teacher.<br>Optional ayurvedic massage and steam treatment.<br>Sunset beach clean up session with the local boys.<br>Optional and included surfboard hire at sunset for your own practice.   | Weligama and Mirissa, Sri Lanka | Private, ensuite, double room in a local, beach-side homestay. |
| 4 | Thursday  | One hour of surfing in the morning with your dedicated local teacher.<br>Visit a local Buddhist temple.<br>Optional and included surfboard hire at sunset for your own practice.  | Weligama and Mirissa, Sri Lanka | Private, ensuite, double room in a local, beach-side homestay. |
| 5 | Friday    | One hour of surfing in the morning with your dedicated local teacher.<br>Optional ayurvedic massage and steam treatment.<br>Optional and included surfboard hire at sunset for your own practice.   | Weligama and Mirissa, Sri Lanka | Private, ensuite, double room in a local, beach-side homestay. |
| 6 | Saturday  | One hour of surfing in the morning with your dedicated local teacher.<br>A day of relaxation on the beach.<br>Optional and included surfboard hire at sunset for your own practice.   | Weligama and Mirissa, Sri Lanka | Private, ensuite, double room in a local, beach-side homestay. |
| 7 | Sunday    | One hour of surfing in the morning with your dedicated local teacher.<br>Optional and included surfboard hire at sunset for your own practice.<br>Fresh fish beach BBQ.   | Weligama and Mirissa, Sri Lanka | Private, ensuite, double room in a local, beach-side homestay. |
| 8 | Monday    | Time to prepare for you onward journey.   |                                 |  |

*Please Note:*

*Remember 10% of proceeds goes to one of three projects of your choice.*

*1.5 hour pinda massage is around £15.*

*Tutukuk tour £4.*

*Galle half day trip £15.*

*Sunset paddle boarding*

*Whale watching*

*Sharkeling*

*Diving*

*Ayurvedic massage*

*Cooking classes*

*Local fishing trip*